Recipe for a True Friend

Which qualities does your True Friend have?

Ingredients:		
A teaspoon of		
A sprinkling of		
Half a cup of		
Two cups of		
A bottle of		
A barrel of	Illustration	
Just enough to spice things up!		
Directions:		
Take, mix them thoroughly with		
Blend mixture with		
Add	, sprinkle generously	
with Put mixture in		
Bake it with		
Serve daily with generous sized servings		

FRIENDSHIP - TRUE FRIENDS

VALUE TOPIC: Friendship - Being able to be comfortable being you around someone else.

CATCH PHRASE: True friends let you be you -He taonga ngā hoa pono (true friends are treasures)



Problem: I have friends that make me feel bad and put me down frequently. When we're not sure who our friends are it helps to remember that true friends encourage us to be ourselves.

Worksheet - Recipe for a True Friend

The purpose of the worksheet is to provide opportunities for students to use the knowledge and understanding gained within the Value Topic .

Knowing and identifying the qualities that a true friend has will help us to recognise people who are true friends. This recipe encourages students to not just consider which qualities they want to include but also the quantities.

SPECIFIC LEARNING OUTCOME	RESOURCE	LESSON SUGGESTION
4. We are identifying qualities that make a friend, true.	- 'Recipe for a True Friend' worksheet	Give each individual the worksheet, 'Recipe for a True Friend'. It will help to watch 'Catch Phrase' POP if you haven't already and as a large group do a brainstorm of the qualities/ characteristics that make a friend. Students fill in the gaps with what they deem as appropriate quantities/proportions of the 'ingredients', then finish with the directions adding more qualities/characteristics as they see fit.

